Lewis County – County Profiles of Tobacco Use

**Adult Tobacco Use**

**Current Cigarette Smoking (1999-2008)**

* Smoking prevalence trend is based on English language surveys only. (Spanish language surveys began in 2003.)
+ County prevalence is a 3-year rolling average through 2002; starting in 2003 smoking prevalence is based on single-year data.

<table>
<thead>
<tr>
<th></th>
<th>All adults</th>
<th>Lewis County</th>
<th>16.3% (± 5.6%)</th>
<th>Washington State</th>
<th>15.3% (± 0.8%)</th>
</tr>
</thead>
</table>

**Current Smoking (2008)**

<table>
<thead>
<tr>
<th></th>
<th>All adults</th>
<th>Lewis County</th>
<th>16.3% (± 2.9%)</th>
<th>Washington State</th>
<th>14.4% (± 1.6%)</th>
</tr>
</thead>
</table>

**Current Smokeless Tobacco Use (2006-2008)**

<table>
<thead>
<tr>
<th></th>
<th>All adults</th>
<th>Lewis County</th>
<th>4.5% (± 2.4%)</th>
<th>Washington State</th>
<th>3.1% (± 0.4%)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Males only</td>
<td>Lewis County</td>
<td>9.3% (± 5.1%)</td>
<td>Washington State</td>
<td>6.0% (± 0.7%)</td>
</tr>
</tbody>
</table>

**Youth Tobacco Use**

**Current Cigarette Smoking (2000-2008)**

<table>
<thead>
<tr>
<th></th>
<th>6th Grade</th>
<th>8th Grade</th>
<th>10th Grade</th>
<th>12th Grade</th>
</tr>
</thead>
</table>

**Current Smoking (2008)**

<table>
<thead>
<tr>
<th></th>
<th>All 10th Graders</th>
<th>Lewis County</th>
<th>16.3% (± 2.9%)</th>
<th>Washington State</th>
<th>14.4% (± 1.6%)</th>
</tr>
</thead>
</table>

**Current Smokeless Tobacco Use (2008)**

<table>
<thead>
<tr>
<th></th>
<th>All 10th Graders</th>
<th>Lewis County</th>
<th>10.0% (± 2.4%)</th>
<th>Washington State</th>
<th>6.7% (± 1.3%)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>10th Grade Males only</td>
<td>Lewis County</td>
<td>15.9% (± 4.1%)</td>
<td>Washington State</td>
<td>10.5% (± 2.3%)</td>
</tr>
</tbody>
</table>

Tobacco Use by Pregnant Women

Smoking during Pregnancy (1999-2008)

People Affected in Lewis County

- 11,100 adults smoke
- 2,500 adults use smokeless tobacco
- 190 infants are born annually to mothers who smoke during pregnancy
- 1,100 youth smoke
- 700 youth use smokeless tobacco
- 8,100 adults are exposed to secondhand smoke
- 5,900 youth are exposed to secondhand smoke
- 70 cancers diagnosed each year are smoking-related
- 110 adults die annually from smoking-related causes

Community Indicators for Lewis County

- Providence Centralia Hospital has adopted a policy restricting tobacco use on its campus.
- 82% of households have a ban on smoking (95% C.I. ± 4%)
- 0% of retailers have sold tobacco products to minors
- 14% of 10th graders say tobacco is “very hard to get” (95% C.I. ± 4%)
- The state’s Tobacco Quit Line received 541 calls from Lewis County in 2009, totaling about 2,400 calls since its inception in 2000.
- 63% of smokers tried to quit in the past year (95% C.I. ± 9%)
- 57% of tobacco users received advice to quit or assistance in quitting from a healthcare professional (among those who had a healthcare visit in the past year) (95% C.I. ± 14%)
- 28% of tobacco users did not have a healthcare visit in the past year (95% C.I. ± 11%)
- 16% of smokers who have health insurance say that their insurance covers help in quitting smoking, such as counseling or nicotine patches (95% C.I. ± 8%)
- 47% of smokers with health insurance do not know if it covers help in quitting smoking (95% C.I. ± 14%)
- Tobacco use costs Lewis County $21.3 million in healthcare and lost wages every year.

Priorities for Tobacco Prevention and Control

- Preventing Youth from Initiating Tobacco Use
- Increasing Tobacco Cessation
- Eliminating Exposure to Secondhand Smoke
- Identifying and Eliminating Tobacco-Related Disparities in High Risk Groups

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Technical Notes and Documentation Available from Washington Department of Health, Tobacco Prevention and Control Evaluation Unit at (360) 236-3671. For persons with disabilities, this document is available on request in other formats. To submit a request, please call 1-800-525-0127 (TDD/TTY 1-800-833-8388).