Lewis County Public Health & Social Services

News Release

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Two New COVID-19 Cases in Lewis County

Chehalis, WA – Lewis County Public Health & Social Services (LCPHSS) announced two more county residents – one in their 40s and one in their 50s – have tested positive for COVID-19. One has been hospitalized. This brings the total of known county residents with positive tests to 32. Of these 32, 16 individuals are considered recovered under the current definition by having passed 28 days or more since symptom onset and not currently hospitalized. Three of the 32 who tested positive have died.

The US Centers for Disease Control and Prevention (CDC) has released this expanded list of symptoms that may appear 2-14 days after exposure to the virus:

- Fever
- Cough
- Shortness of breath or difficulty breathing
- Chills
- Repeated shaking with chills
- Muscle pain
- Headache
- Sore throat
- New loss of taste or smell

The CDC recommends that if you have any of these emergency warning signs for COVID-19, get medical attention immediately:

- Trouble breathing
- Persistent pain or pressure in the chest
- New confusion or inability to arouse
- Bluish lips or face

Consult your medical provider for any other symptoms that are severe or concerning to you.
Call 911 if you have a medical emergency: Notify the operator that you have, or think you might have, COVID-19. If possible, put on a cloth face covering before medical help arrives.

The CDC has more information online at https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html.

Health officials continue to stress the importance of following the Stay Home, Stay Healthy orders. Along with social distancing, everyone should also:

- Wash your hands frequently
- Avoid touching your eyes, mouth, and nose
- Cover your coughs and sneezes with a tissue and then throw it away, or cough into your elbow
- Stay away from people who are sick
- Stay home when you are sick
- Wear a mask if you have to go out in public
- Frequently clean surfaces that get touched a lot – counters, keyboards, your cell phone, door knobs, handles, etc.

People can stay informed by following the Lewis County COVID-19 web page at covid19.lewiscountywa.gov, @LCPHSS on Twitter, or www.facebook.com/lcphss.

In addition, DOH has a call center to answer questions from the public. If you have questions about what is happening in Washington, how the virus is spread, and what to do if you have symptoms, call 1-800-525-0127 and press #.

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