# BOARD OF HEALTH BOARD MEETING MINUTES

March 11, 2019 1:30 p.m.

The Board of Health for Lewis County, Washington met in regular session on Monday, March 11, 2019, at 1:36 p.m. **COMMISSIONERS EDNA J. FUND and ROBERT C. JACKSON** were in attendance. **COMMISSIONER STAMPER** was excused. **CHAIRMAN FUND** determined a quorum, called the meeting to order, and proceeded with the flag salute. **COMMISSIONER JACKSON** moved to approve the Minutes from February 11, 2019, **COMMISSIONER FUND** seconded. Motion carried 2-0.

#### **ATTENDEES:**

County Staff:
Danette York
Dr. Rachel Wood

Dr. Rachel Wood JP Anderson Sandi Andrus Community:
Nancy Keaton

#### **PUBLIC COMMENT**

None

#### **CHANGES IN AGENDA**

Due to technical problems, the BOH did not start until 1:36.

#### **CONSENT AGENDA**

Commissioner Jackson made a motion to approve the consent item, Commissioner Fund seconded.

H. Res #031119.1 Approve Amendment #7 to the Consolidated Contract #CLH18251, between Lewis County and WA State Department of Health

Danette gave a summary of the Amendment #7. It affects only one area of the contract, Emergency Preparedness & Response program. Ed Mund has been working with the State on the pilot project for RHINO (Rapid Health Information NetwOrk). This is a surveillance system data base where staff may access emergency room visits in every hospital in the

State to see what clients presented. This information gives us information we may need to know and may have been following such as measles symptoms. Ed asked the State if there was any funding to help support this program as it was time consuming. The State has provided \$30,000 for fiscal year July 1, 2018 through June 30, 2019. These funds were not expected so Danette will be requesting a budget amendment to add this amount to the budget and has notified Becky that this will be coming. Commissioner Fund asked if the information Ed accesses lists the person's name. Danette replied that this is confidential and no identifying information is listed.

**Commissioner Fund** asked to approve the consent items. Motion approved 2-0.

## PUBLIC HEALTH & SOCIAL SERVICES (PHSS) ADVISORY BOARD UPDATE

Danette informed the Commissioners that Bill Teitzel, who was in attendance at the beginning of the BOH, left to attend to other things because one of his clients who was planning on speaking to the BOH is not in attendance.

Danette gave the Advisory Board report. The committee met last Thursday and Danette provided them with an education session going over some information that shows up in the PHSS annual report. She gave them an overview of what resolutions, ordinances, and proclamations are and the process it takes to get those approved. They also discussed the Developmental Disability Request For Proposal (RFP) for \$70,000, the next Community Health Assessment (CHA) process, and asked for volunteers to serve on the core team. Commissioner Fund inquired into whether this Board is fully staffed. Danette replied that they need one replacement. JP added that he is meeting with the Sheriff's Office tomorrow to talk about who might be the best fit from law enforcement for that vacant position.

#### **PUBLIC HEALTH UPDATE**

Dr. Wood gave a powerpoint presentation on tuberculosis (attached). Tuberculosis (TB) is the world's leading infectious disease killer (excluding the U.S.) but it is curable. Since 2016, Lewis County has had about 2 cases per year of active TB disease. Risk of infection depends on how many bacteria are coughed out, how big or small the room is, how long both people are in a small space, how infectious the bacteria are, and how healthy the exposed person is. Someone with latent TB has no symptoms and is not infectious; someone with active TB has symptoms such as a cough, fever, or night sweats, tests positive for skin or blood tests, and is often infectious.

People with underlying risk factors have a 30% possibility of developing Active TB disease as opposed to those without underlying factors who only have a 10% of developing it.

It is up to the Local Health Jurisdiction (LHJ) to investigate any TB disease cases in their County. This includes contacting the person, arranging for screening tests for him and all contacts, checking the results, and offering treatment. If any contacts have latent TB

infection (LTBI) they may need treatment and the process starts all over again. If LTBI is not treated now, there is the potential of activation of TB infection into TB disease.

Treatment costs can range from \$700 for TB infection up to \$282,000 to treat TB Disease with multiple drug resistance. Right now, this is an unfunded mandate but there is talk at statewide meetings about possibly starting a fund for counties to draw on to help pay for it.

Dr. Wood reported that there are no measles reported in Lewis County or Thurston County. It also appears to be slowing down slightly in Clark County.

Dr. Wood noted that influenza is not as virulent this year as it was last year.

Danette reported that Foundational Public Health Services Policy Bill 1497 passed. House Bill 1638, repeals personal belief exemption for the MMR also passed with a vote of 57-40. It will now go to the Senate.

Danette reminded the Commissioners of the case where PHSS seized all the dogs at a residence. The individual pled to it this morning so that case is over and the animals can be adopted out immediately. On another case on Gore Road, the animals seized cannot be fostered or adopted out since they are being held as evidence. They must be held until the case is over.

Danette stated that she is seeing more funding opportunities to develop programs in response to and prevention efforts of opioid use. The Social Services division staff will be brainstorming and looking at other departments and trainings to see what models of prevention are out there and what Lewis County might be able to do and apply for.

Danette spoke on a Behavioral Health services integration meeting held last week and she will be taking the lead on those meetings. They are calling it the Great Rivers Region Integrated Care Committee. They all agreed on a charter with three workgroups, Provider Readiness, Early Warning System, and Communications, which will be co-chaired by the Health Care Authority.

Dr. Wood gave an update on opioids in Thurston County. A physician received some funding to open a low-barrier treatment clinic for one of the substances that treats Opioids Use Disorder. Clients can go there to use this substance and take a break from using heroin. All subscribers are volunteers. There have been 100 individuals who have presented since January who have been on this substance rather than heroin.

Commissioner Jackson moved to adjourn. Commissioner Fund seconded, Commissioner Fund adjourned.

There being no further business, the meeting was adjourned at 2:19 p.m., on Monday, March 11, 2019. The next public meeting will be held on Monday, April 8, 2019 at 1:30 p.m.

Please note that minutes from the Board of Health meetings are not verbatim. A tape of this meeting is available.

### BOARD OF HEALTH LEWIS COUNTY, WASHINGTON

	Edna J. Fund, Chair	
Respectfully Submitted,	Gary Stamper, Vice Chair	
Sandi Andrus Clerk of the Board of Health	Robert C. Jackson, Member	