Night-By-Night Shelter Jam Session

Veterans' Memorial Museum, Chehalis, WA Nov. 1, 2022, 1PM-3PM

Purpose: to solicit input from service providers as to how a future Night-by-Night Shelter at 2025 Kresky Ave in Chehalis should operate to best dovetail with, and take advantage of, the providers' services.

Background: Last Spring, the County hosted a public forum seeking community input on how a Night-by-Night Shelter for people experiencing homelessness should work to reflect our local values. Two key points in particular emerged clearly from that session:

- The location of the shelter was key to both ensure its effectiveness and mitigate its impacts on the surrounding community.
- The shelter should be nested within a hub of supportive services addressing mental and physical health, substance abuse, life-coaching, education, job training, peer support, transitional housing / bridge to permanent housing, transportation, childcare, and daytime storage. It should engage with public, private, and faith-based community partners to ensure such services' presence.

Shelter Location: To serve the first of these community-identified goals, Lewis County fixed the location for the shelter in an area meeting the public's criteria. The location is 2025 NE Kresky Ave (the public services building across from Yardbirds and next to the WSECU building), and could be vacant as soon as Spring 2023. This location:

- has no immediately surrounding residential neighborhoods
- is a large, versatile space providing options for design and operations
- neighbors the WSECU building, slated to become the new county animal shelter
- sits between Centralia and Chehalis's downtowns, outside of each, but accessible to both
- is on transit
- lies in a zone that permits:
 - commercial uses, including personal and professional services
 - hotels—under a state law passed last year, this means that transitional and emergency housing are allowed, subject to permitting by the City of Chehalis.

In short, the location responded to the public's concerns. Fixing the location makes planning for the shelter and mitigating its impacts more concrete and doable.

Proposed Jam Session: To serve the second community goal, the County sought input from service providers of all stripes on the following question:

How should the shelter operate to best dovetail with your services?

Goals for the Session:

- Catalogue who service providers are and the relevant services they provide
- Generate and discuss ideas for different aspects of the shelter's operations
- Improve future responses to request for proposals to operate the shelter
- Identify topics for future session(s) if they arise

Preparation for the Session:

- A broad array of about 60 service organizations were invited
- The invitees received a read-ahead including materials similar to those above
- The invitation asked organizations to:
 - fill out an online page about their organization and its services (Padlet)
 - think about how their organization will relate to the shelter
 - come to the session to jam on this topic!

The Jam Session Itself

<u>Attendance</u>: Over forty participants from 28 organizations attended. Please see the Invite and Attendee list, below.

<u>Introduction</u>: The session began with an introduction including the information above, plus one further point: a parking lot. The parking lot was a space to recognize topics that were not directly related to the night-by-night shelter's operation, but merited further discussion, perhaps at a future session.

Framework Discussion

Participants then were presented with a conceptual breakdown of a single day's schedule at a Night-by-Night shelter, as a framework for the discussion:

- Setup for Opening
- Opening
- Intake
- PM Programming
- PM Meals/Provisions
- Other Necessities
- Sleeping / Overnight
- Wake Up
- AM Meals/Provisions
- AM Programming
- Cleanup / Pack up [of individuals]
- Outflow
- Close Up [of the facility]
- Cleanup / Reset [of the facility]
- Interim

Participants discussed the framework, identifying Storage as an issue missing from it: People come to the shelter with belongings; they will not stay unless it is clear that they can store their belongings when doing so. Storage was included with Intake and Opening to reflect this insight.

Participants asked whether the shelter would be open 24-hours. The "Interim" slot was proposed for discussion about a 24-hour model rather than a model closing each day.

There were no other additions or modifications to the framework.

The law enforcement participants noted some concerns not directly addressed by the framework, specifically: security inside and outside the facility; vehicle storage / short-term parking; and long-term parking if people stayed in their vehicles nearby rather than staying in the shelter. These issues went into the Parking Lot to flag them for discussion and ultimately featured in some of the full group discussion later. Still, more treatment of these issues may be warranted in a future session.

Small-Group Discussion

Participants broke into small groups to discuss portions of the day; specifically, how they should occur to make best use of services. The small groups addressed:

- Opening, Intake, & Storage;
- PM Programming;
- PM Meals/Provisions & Other Necessities;
- Sleeping / Overnight;
- Wake Up & AM Meals/Provisions;
- AM Programming;
- Cleanup / Pack Up & Outflow; and
- Setup for Opening & Interim.
- [There were no takers for a "Close Up & Cleanup / Reset" small group.]

The small groups had the following resources on their tables:

- A copy of the read-ahead summarizing the introduction;
- A floor plan of 2025 Kresky;
- A site plan and maps of the area around the site;
- A link to the Padlet in which providers had supplied their information;
- A summary of the same information in table form, for readability; and
- The list of providers invited, for brainstorming purposes.

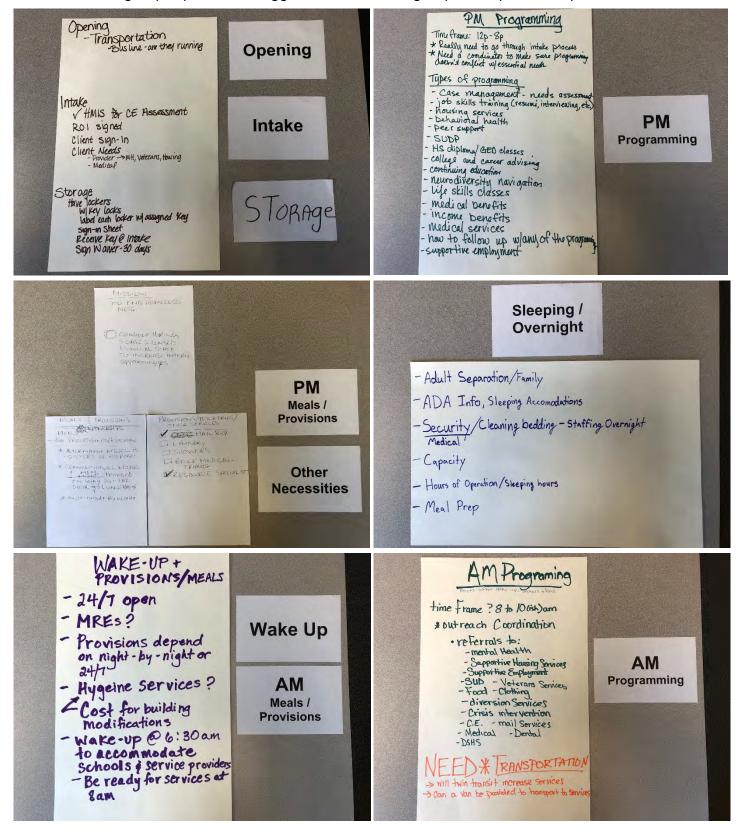
Participants asked if the AM and PM Programming groups should be a single combined Programming group. The groups remained separate but were invited to collaborate.

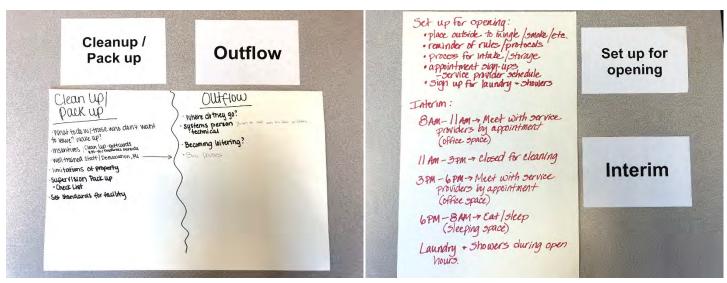
Participants proposed ideas even if they were not currently funded, to generate program concepts for which funding could be sought.

After a period of initial work, the small groups synthesized their discussions into posters from which they could report out to the full group for group discussion.

Small-Group Report and Full-Group Discussion

Each small group reported its suggestions to the full group. The posters reported were:





These reports produced full-group discussion on the accompanying topics, which are summarized below. A Padlet reflecting this information appears in the attached materials.

Opening & Intake

- Transportation bus line running at opening?
- Intake:
 - Initial question are you staying for the night or just eating/accessing services?
- Separate different populations directly at intake?
- Test out intake. Go through this process.
- Put data into HMIS for Coordinated Entry
 - o How does it work practically, because it takes time?
- Release of Information signed
- There should be a sign-in sheet for numbers and safety
- Have a client-needs conversation/assessment.
 - MH, Veterans, Housing, or medical needs.
 - Should have an intake form. But what about multiple languages, dysgraphia, trouble reading, fear of providing information, etc.?
- Establish mail service.
 - o But, is NBN the place to receive mail?
 - There is general delivery, but it has limitations.
 - Gather and LC Gospel Mission offer some mail services for clients.
- How does this process flow? Concern about length of time and institutional complexity of this. Some people coming only for a place to sleep.

Storage

- Have a locker system. Visibly safe storage for clients.
- Use keys, not codes, because of memory concerns
- Label each locker with assigned key and vice versa
- Use a sign-in sheet to receive key at intake
- Sign waiver 30 days to claim your belongings
- Have a system for handling complaints about lost or stolen items. This always, always, always comes up.

PM Programming

- Time frame: Noon-8PM?
- Don't underutilize the building. It is a good location; put services there.
- Need an intake process to determine client needs a coordinator should try to match programming to needs.
 - Needs assessment during programming, if not at intake
- Model: Classes/workshops in concurrent sessions
 - Consider interchangeable AM/PM programming
- Types of programming:
 - o Case management (coordinator, needs assessment)
 - o Job skills training resumes, interviews
 - Help finding supportive employment
 - Housing services / planning / coaching
 - o Behavioral health / SUD services
 - o Peer support
 - o Education:
 - High school/GED curriculum
 - College/career advising / pathmaking
 - Continuing education
 - Study space/tutoring for enrolled kids
 - Kids after school programming
 - Neurodiversity navigation / personal management
 - Life skills classes
 - Medical & income benefits
 - Medical services
- Programming should always address how to follow up with any of the services being offered
- Where should these things be? What on site, what off site?

PM Meals / Provisions

- Need a commercial kitchen on site, or food brought in from a commercial kitchen.
- Partnerships: food provider need not run the shelter
- Conventional model: one meal on the way out to prevent an eating-only stop where people otherwise don't stay
 - o Could there be an alternative for people just wanting the meal? One idea: a kitchen area to provide own meal.
 - Is it a problem if they eat but don't stay? Yes, if they take a spot of someone who needs to stay
 - o Shelter vs. soup kitchen model
- Alternative model is to "pay" for food by working at site
- Neither model fits a night-by-night
- Will want to provide more meals. Don't want hungry, angry people.
- Hard to care about programming when hungry

Other Necessities

- Remember mission: to end homelessness
 - Consider hiring some licensed clinical staff to increase internship opportunities at shelter
- Provide things food stamps don't pay for:
 - o Toiletries
 - Hygiene supplies
 - Socks
 - Other basic necessities
- Mail Services (see discussion in Intake about mail service)
- Laundry
- Showers
- Brief medical triage or basic care
- A resource specialist (addressed in Intake and Programming)

Sleeping / Overnight

- Population separation single adults by gender, and families
- Need ADA accommodations and info about that
 - Hearing accommodations are needed and should be addressed in the shelter design or staffing
- Nighttime staffing
 - o Security law enforcement or hired?
 - o Medical staff what level of credential?
- Cleaning and laundry implications
 - Must clean every cot used every day
 - Bedding on the cot also must be cleaned every day
 - The cleaning may not be needed daily if you pre-assign reserved beds from one night to the next - but it is a NBN
 - o You need a commercial laundry on-site or as a partner
 - If you have only a residential washer/dryer, you will have occupancy limitations based on laundry capacity
- Sleeping hours: 10PM-6AM?
 - o How strictly can the sleeping hours be kept?
 - Meal prep for AM meal will have to occur overnight.
 - Jail release can be at any time, even 1AM.
 - Consider what else you do on the cot.
 - Do you eat on the cot? Do programming?
- Showers overnight
 - o Bath materials and towels provided?
 - o How often can one shower?
 - Will showers be required?
 - o Site design: how many showers will there be?
- Durability needs
 - o Design the cots to be very heavily used.
 - o Sanitation facilities as well -- constant moisture.

Wake Up & AM Meals / Provisions

- Consider 24/7 hours as opposed to NBN.
 - o This leads to staffing issues, though!
 - Provisions depend on whether it is a 24/7 or NBN model because of lack of any interim closed period
 - o Ready-made morning meals (MREs) could help
- Hygiene services at wake up
 - Showers, socks, toothpaste, toothbrush, hygiene kit
 - Building modifications to allow many people to shower and use the bathrooms will be a significant cost.
 - o Internal changes (showers, e.g.) plus sewer outflow
 - Consider portable facilities instead of a remodel?
- Schedule:
 - 6:30AM up, to get ready for school or services at 8AM
 - Could close at a certain point of night to newcomers; once you are in, you are in for the night.
 - Open during the day for services
 - Some work during the night and need to sleep during the day. 24/7 could accommodate them, NBN can't.
 - Some people may need to rest during the middle of the day for health reasons.
 24/7 can accommodate, NBN can't.

AM Programming

- Begins after wake up, showers, and food
- 8AM-10AM
- Referrals from programming the night before
 - o Staff conference re: client needs from intake
 - Use intake form from night before to right-size the services
 - o Go through paperwork with clients, do not simply ask them to fill it out
 - Have consultation rooms
- New and additional referrals that morning
- Outreach coordination: work with people to link them to their next destination
 - mental health treatment
 - supportive housing services
 - supportive employment
 - SUD treatment
 - Veterans' services
 - o food
 - o clothing
 - o diversion services
 - o crisis intervention
 - Coordinated Entry
 - mail services
 - medical treatment
 - dental treatment
 - DSHS and social services

- Transportation is a key need for everything.
 - Only one bus an hour. Need more.
 - o Will Twin Transit increase this?
 - o Or can shelter have its own bus or shuttle?
 - Cost of transportation to clients. Free passes?
- Shelter programming and handoff will have to coordinate with several agencies

Cleanup / Pack Up

- Incentives to help have clients support cleanup
 - o gift cards or vouchers for other outside resources
- What happens if people don't want to wake up or go?
 - Trained staff for de-escalation, MH experience
- Property going missing must have plan for this
 - See storage discussion.
 - People always want to get into their property, need system for access, but then security is an issue.
- Supervision of pack up
 - Checklist of things for people going
 - o Set standards for the facility and follow them

Outflow

- Where do they go? Need step-up facilities!
- Look into examples from other rural NBN shelters?
- For practical process of outflow, bring in a systems person to design this technically
- Loitering how to reduce it need places to go.
- Bus passes to facilitate getting somewhere

<u>Close Up & Cleanup / Reset</u> – [No participants chose to be in this group.]

Interim

- 24/7 or NBN? This dictates whether there is an "interim."
 - o There was a lot of support for a 24-hour model, which could do more.
- Proposed NBN schedule (predated 24-hour discussion):
 - 8AM-11AM: appointments with providers
 - Sign up the night before
 - Office space separate from sleeping area.
 - o 11AM-3PM: closed for cleaning and sanitizing
 - o 3PM-6PM afternoon services in office space
 - o 6PM-8AM sleeping space open, office space closed.
 - Meals, eat and sleeping.
 - Laundry / showers anytime except sleeping time
- Issues to be addressed
 - Separated space for men, women, and families.
 - o Combining these groups is chaotic otherwise.
 - Safety is an issue in a low barrier space
- Flyer with other services for time closed

Setup for Opening

- 24/7 or NBN? This dictates setup.
 - The discussion of a 24-hour model included a kind of day-area / night-area physical distinction, where beds would be closed off during the day, but a day area would remain open for services.
- Place to hang out before you can come in.
 - Smoking area.
- Reminder of rules / protocols before entry.
 - Process for intake / storage.
 - o Appointment sign-ups with service providers.
 - Schedule of each service provider
 - Sign-ups for laundry and showers

Parking Lot

The parking lot of topics not specifically addressed in the meeting included the following:

- Overarching goal: end homelessness, not just provide services
- Vehicle storage at intake or when waiting before and after
- Parking will be an issue. People stay in vehicles, long term parking.
- Security inside and outside facility
- Step-up facilities where do you go? What onsite, what offsite?
 - Need a "first step out" facility. Pallet housing project?
- Populations how low barrier? Any disallowed populations?
- Expectations for conduct in shelter, and what happens if you don't meet them
- Demand increasing especially in light of new county policy regarding encampments

After the session ended, participants had the opportunity to remain and chat privately if they chose.

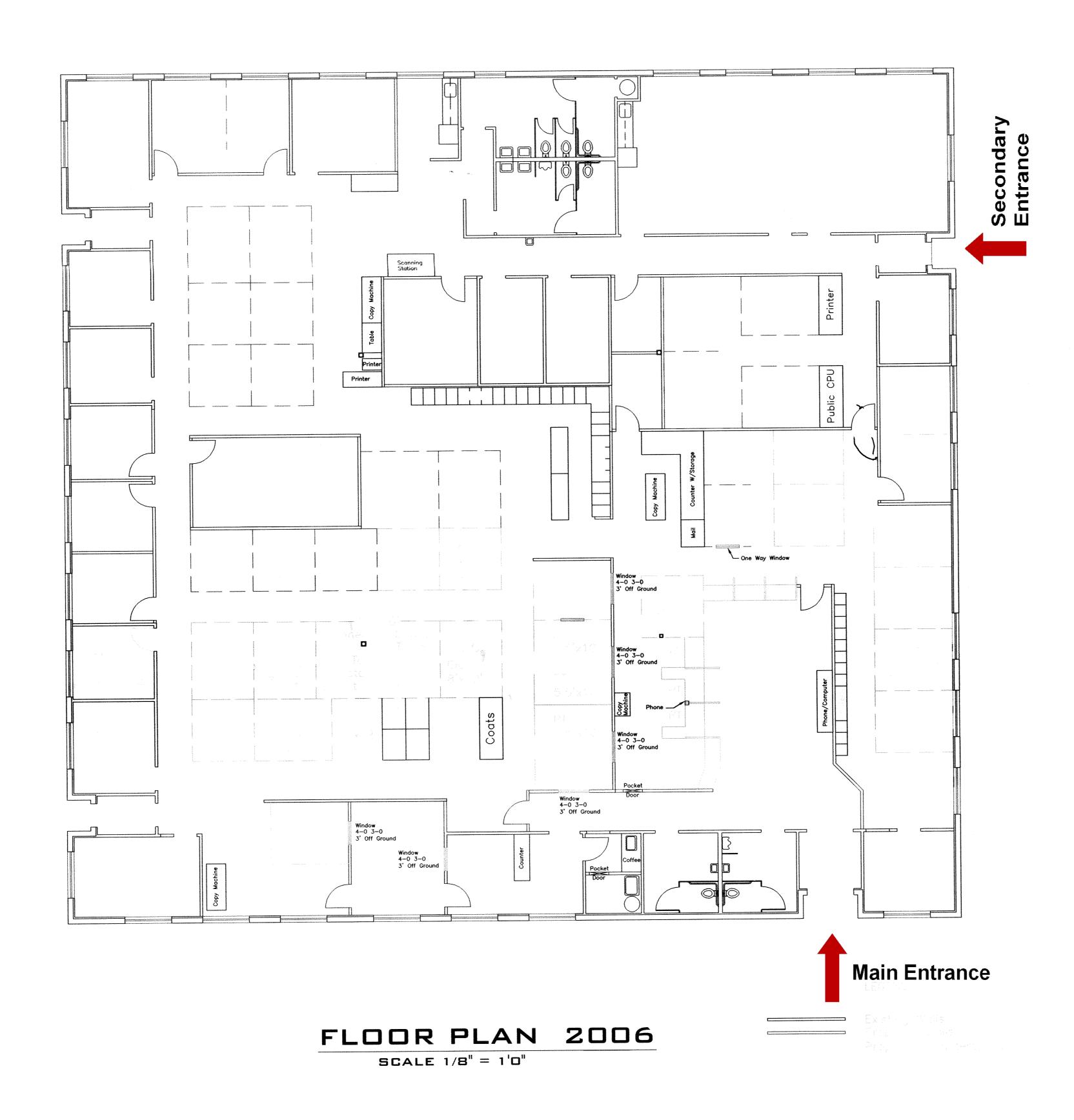
Attachments: The following materials are attached for further review.

- The floor plan, site plans, and area maps of the future shelter
- The Padlet in which service providers described their organizations
- A spreadsheet of that Padlet for readability
- The Invite and Attendee list for the Session
- The Padlet of the full-group discussion

Thank You!

Lewis County thanks all of the providers who attended or provided feedback. Further comment or feedback on these notes is welcome.

2025 Kresky (Public Services Building) Floor Plan

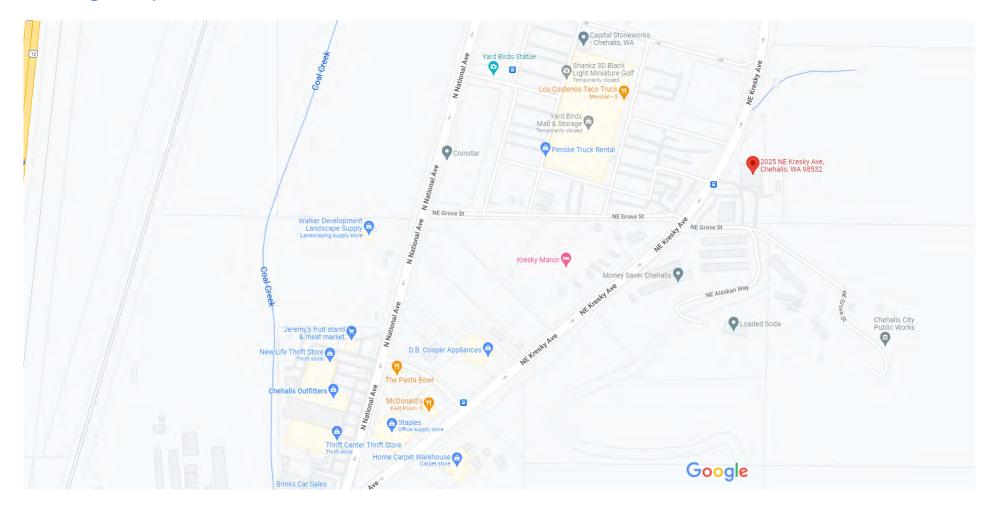


Cubicle Sizes

4-5.5'x10' As shown on the plans 2-7'x9' 2-7.5'x10' 11-8'x8' 2-8'x9' 13-8'x10' 1-8'x22' 1-9.5'x10' 2-10'x10' 1-10'x16'

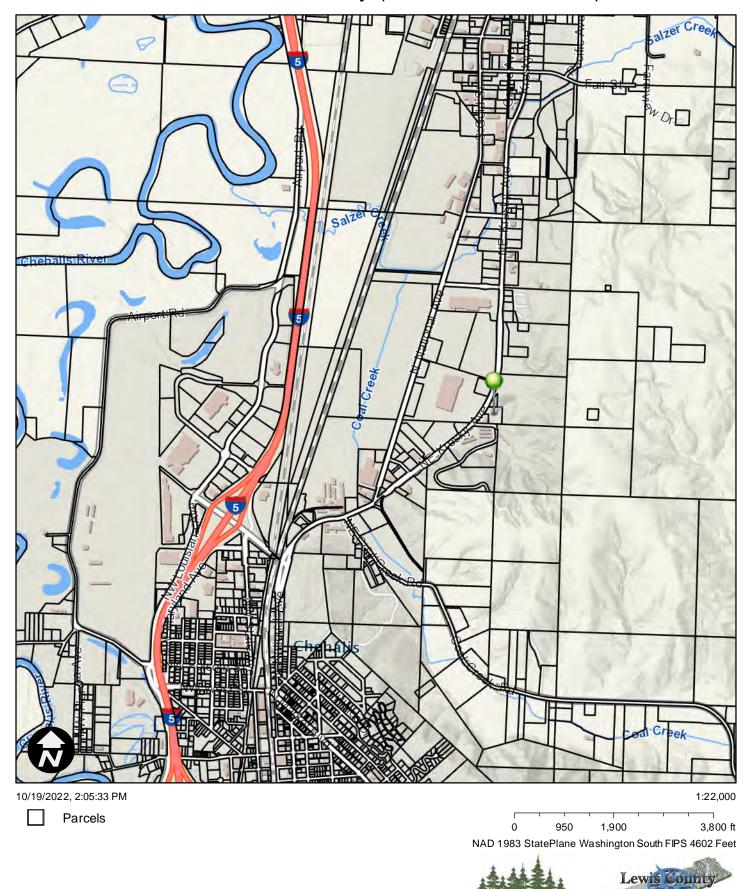
All dimensions all rounded down to the nearest 0.5'.

Google Maps 2025 NE Kresky Ave



Map data ©2022 200 ft L

NBN Shelter Vicinity (Green Pin is Shelter)



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NBN Shelter Vicinity Aerial Photo (Green Pin is Shelter)



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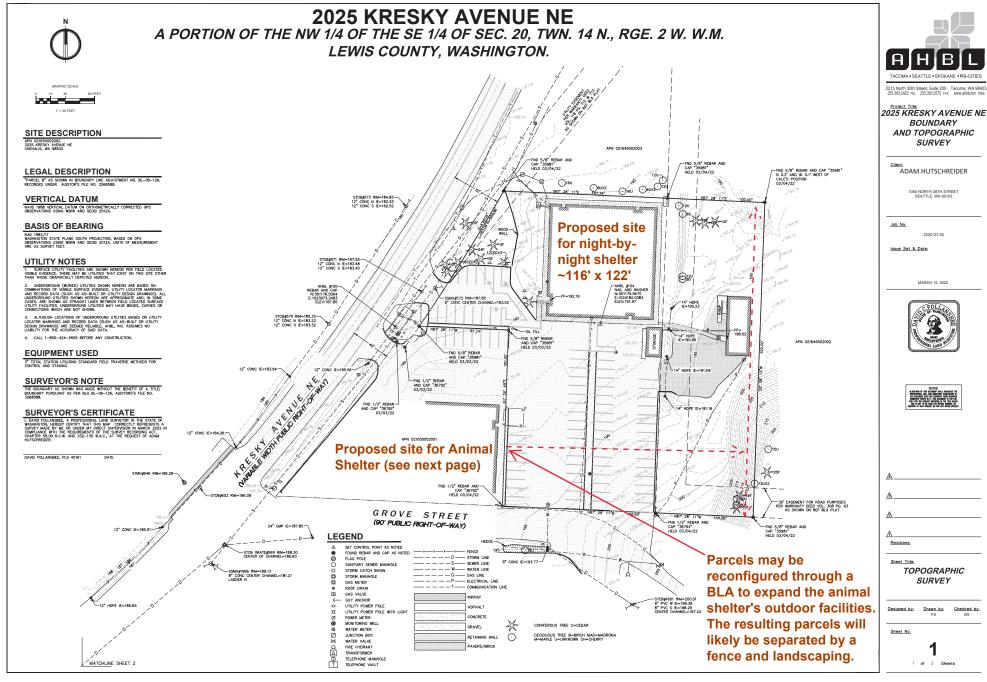
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Lewis County

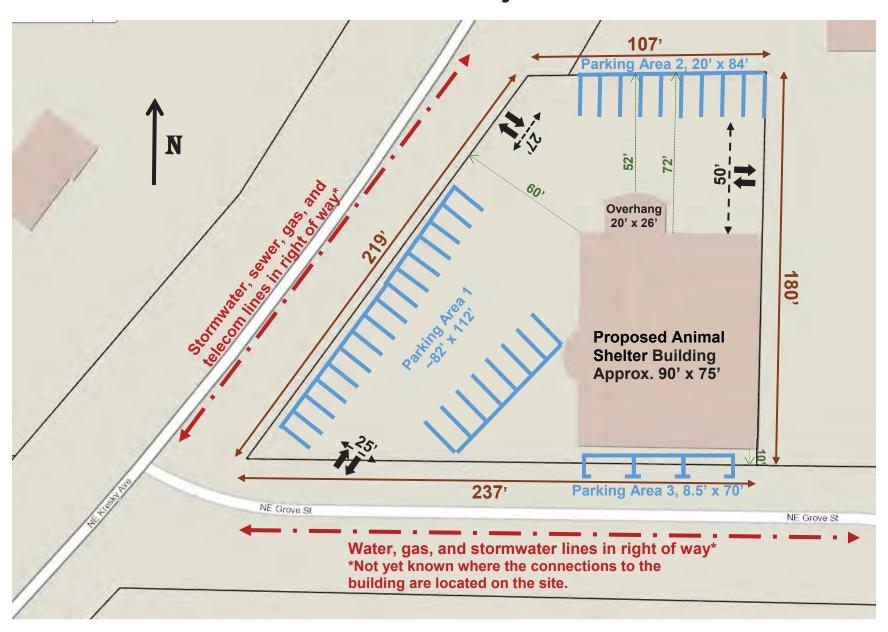
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2015 NE Kresky Ave





Instructions: please enter your organization's information to create a resource for everyone. Click the plus sign below a column to add information --- add it in the body text and ignore the Section heading and other options. Don't worry that it isn't straight across; we will fix that on export.

Organization Name

ericeisenberg Lewis County (Housing & Infrastructure Specialist)

NBN Shelter Jam Session materials: https://cloud.lewiscount ywa.gov/owncloud/index.php/s/om XM74uZCRZIQMa

Anonymous |-| Centralia College: Workforce Funding

Anonymous Inc. Providence Chehalis Family

Medicine

Anonymous 141



The state accredited Domestic Violence and Sexual Assault Advocacy Center in Lewis County

Anonymous Mil Family Education & Support Services



familyess.org 'esilience Center

Our mission: To inspire healthy child development through the provision of quality family support services.

 Anonymous DSHS _ Community Service Office



WashingtonConnections.wa.gov

We transform lives by connecting children, adults, and families to the resources and opportunities that help them reach their full potential.

Anonymous ad Housing Resource Center of

Lewis County

Gather Church

Anonymous ad

Anonymous 80

Oxford House



YouTube

Oxford House: The History, Structure & Success

Oxford House Self-Run, Self Supporting Clean and Sober Recovery Homes. www.oxfordvacanies.com Annie Headley (Cleveland) Outreach Worker SW Washington 360-839-9124

Anonymous 7d The Salvation Army -Centralia



Anonymous

Reliable Enterprises

Anonymous 7d. Valley View Health Center



Valley View Health Center, Chehalis Clinic

Base of Operations Serving Lewis County

ericeisenberg 760 Room 121, 351 NW North St, Chehalis

Anonymous intl 600 Centralia College Blvd. Transitional Services Building, Room 101 (across the hall from WorkSource Lewis County)

Anonymous 14d Providence Chehalis Family Medicine 931 S. Market Blvd Chehalis WA, 98532

Anonymous Hope Alliance 815 W. Main St. Centralia WA 98531 1(360)748-6601



WWW.FAMILYESS.ORG (360)754-7629

FESS

FESS Lewis County office: 1911 Cooks Hill Rd, Centralia WA 98531

1-360-754-7629

Anonymous au Family and Single Shelter. Rapid Rehousing

Anonymous 8d 408 West Main Street, Centralia

Anonymous 7d The Salvation Army Centralia

303 N. Gold St. Centralia, WA 98531

Anonymous 1d Reliable Enterprises

203 W Reynolds Rd Centralia WA 98531

Anonymous 7d Valley View Health Center



2690 NE Kresky Avenue, Chehalis, WA 98532 Office Hours: Monday -Friday 7:30 am - 6 pm Closed Holidays and Weekends

Phone: (360) 330-9595 Pharmacy: (360) 669-0600 Medical Fax: (360) 330-9530 Dental Fax: (360) 330-9580

Anonymous 30 Centralia College

600 Centralia College Blvd. Transitional Services Building Blazer Central Room 333 360-623-8119

ericeisenberg 13m Cowlitz Indian Tribe - Tribal Housing



St. Mary's 107 Spencer Road, Toledo, WA 98591

Contact Information You Would Give Members of the Public

ericeisenberg 360-740-1235; eric.eisenberg@lewiscountywa.go

Anonymous 14d Jackie Garrett, Workforce Funding Navigator jackie.garrett@centralia.edu (360) 623-8177

Anonymous 160 Providence Chehalis Family Medicine 360-767-6300

Anonymous 14d Hope Alliance 815 W. Main St. Centralia WA 985631 1(360)748-6601 www.hopealliancelc.org

Anonymous 140 1911 Cooks Hill Rd, Bldg #B Centralia, WA 98531 In the Northwest Pediatrics office.

Our services are offered in Mason, Lewis,

Phone: 360-754-7629 Toll Free: 1-877-813-2828 Fax: 360 339-5505

Habla Español: 360-688-4120

Pierce, and Thurston Counties.

Anonymous 11d DSHS - CSO 151 NE Hampe Way Ste. C3-6 Chehalis, WA 98532

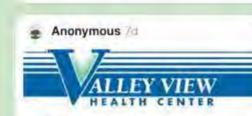
Anonymous 8d 360-827-0264

info@gatherchurch.com

1877-501-2233

Anonymous d (360) 736-4339 lcassist@usw.salvationarmy.org centralia.salvationarmy.org

Anonymous 7 reliableenterprises.org 360-736-9558



Location: 2690 NE Kresky Avenue, Chehalis, WA 98532

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Phone: (360) 330-9595 Pharmacy: (360) 669-0600 Medical Fax: (360) 330-9530 Dental Fax: (360) 330-9580

 Anonymous ∃

 Anonymous ∃ Erin Baker- Assistant **Director of Student Success** and Retention

email blazercentral@centralia.edu or call 360-623-8119.

ericeisenberg Jenée Redecker - Housing Director



St. Mary's Contact: Phone: (360) 864-8720 Fax: (360) 864-8722 Email: housing@cowlitz.org

Jenée Redecker's Contact: Phone: 360.583.3111 Mobile: 360.827.2170 https://www.cowlitz.org/contacts/ housing/jenee-burnett.html

Category of Services (Behavioral Health, Health, Peer Counseling, Housing, Law Enforcement, Education, etc.)

ericeisenberg 760 Government ♠ Anonymous 14d

Anonymous | ad Providence Chehalis Family Medicine: Healthcare Services

Education

Anonymous 40 Victim Services

Anonymous 1411 Behavioral Health and Education

Housing Assistance and Shelter services

Administration Office 621 S,

Anonymous 8d

Diamond Street Centralia, WA 360.736.5140

Anonymous 311 Behavioral Health, MAT Clinic, Education, Harm Reduction, Housing, Case Management, Employment Services, Food, Clothing, Church

♠ Anonymous 7d Food, Clothing, Hygiene Services, Rent & Utility Assistance, Hot Food, Shelter, Church, Fresh Produce, Seasonal Toy Assistance

● Anonymous Housing

Anonymous 7d Valley View Health Center: Medical, Dental, Behavioral Health, and Pharmacy



● Anonymous 3d Centralia College

Centralia College is committed to student success, academic excellence, and supporting our community in an inclusive and equitable learning environment.

ericeisenberg 13m Housing



Brief description of services you might provide to persons in the shelter, its staff, or the community surrounding the shelter

ericeisenberg 60

Coordination and technical assistance to increase, promote, find finding for, or maintain housing and infrastructure supportive of the shelter

Anonymous All Grant funding for low-income students pursuing career-based education. The grants may provide books, tuition, tools (welding, diesel, medical, etc.), uniforms (work boots, scrubs, welding

helmets, etc.), and educational

supplies.

Anonymous 144 Providence Chehalis Family

Medicine: -Medication Assisted Therapy (Suboxone/Vivitrol) for opioid use disorder

Primary Care (preventive care,

medication for mental health issues) Anonymous 14th

chronic medical conditions,

-Hepatitis C treatment

Legal, medical, systems and advocacy-based counseling.

Anonymous Tall **How We Support Families** Raising healthy, happy kids is a tough job, and all parents face challenges along the way.

Family Education & Support Services works with families across Washington State's South Puget Sound Region to give them the support answers, and resources they need to build the bright future they see for their families and their children.

From parenting classes and support groups to case management and navigation, take a look at the programs below to see if there is something that is right for you.

Anonymous 8d

Food boxes and meals Clothing Housing and employment assistance (FCS) Medication assisted treatment SUD assessments Recovery supports Case management

Anonymous ad

Shelter, Rapid Rehousing Assistance and services

Anonymous 7

Rapid Rehousing, Housing Navigation, Food Support, Hygiene Services, Employment readiness, Case Management, Hot Food.

Anonymous 7d Housing, family reunification, family

visitation.

Anonymous 7d Valley View's Chehalis Clinic



Our Chehalis clinic on Kresky is less than a mile away. It will serve as a referral destination for the medical, dental, behavioral health, and pharmacy needs. On-site services could be considered.

Anonymous and

Centralia College

Centralia College is committed to student success, academic excellence, and supporting our community in an inclusive and equitable learning environment.

ericeisenberg 13/11



programs through Washington state and all over the country for Cowlitz Tribal Members, as well as low-income tribal housing in Lewis County.

Optional: Brief description of other services your organization provides

ericeisenberg 100

Housing and infrastructure promotion countywide, at all income levels

Education and student-support services.

Anonymous 14d

Anonymous 14d

Providence Chehalis Family Medicine: We are a residency clinic. There might be opportunity in the future to have residents spend time at the Shelter to provide services on site.

Anonymous 14d

Hope Alliance provides legal, medical, systems and advocacybased counseling for victims of domestic violence and sexual assault victims. Support Groups, prevention, outreach and confidential shelter. Advocacy services are trauma-informed and survivor-driven. Spanish speaking advocates on staff.



familyess.org 'esilience Center Programs

 Basic Needs Navigation Consider The Children

All FESS Programs

Anonymous

 Fatherhood Guiding Good Choices

· Impact of Domestic Violence on Children (IDV) Kinship

Parent for Parent (P4P)

Program (PCAP) Parenting & Family Values (MRT)

· Parent-Child Assistance

Parenting Inside Out (PIO)

 QPR Suicide Prevention Training

 Anonymous Tid. DSHS - CSO provides: SNAP/Food Benefits & BFET (Basic Food & Employment Training) TANF cash (Temporary Assistance

for Need Families) WorkFirst program, ABD/HEN (Adult Cash for Aged, Blind, and Disabled). Housing & Essential Needs referral.

Anonymous 7

 Anonymous 7

Valley View Health Center

ALLEY VIEW

Valley View Health Center is a nonprofit, federally qualified health center committed to providing quality integrated medical, dental, behavioral health, and pharmacy services to families and individuals of all ages, regardless of the ability to pay. We currently have 13 locations, serving patients in three counties. Valley View Health Center has provided over 655,700 patient visits since 2004. We are continually expanding our services to include more clinic locations, new services in specialties for behavioral health, pediatrics, and

Centralia College Student Success and Student

ericeisenberg 12m

Anonymous 311

pharmacy.

Support

INDIAN TRIBE The Forever People

Many other services for tribal members across the state and country



NBN Shelter Jam Session Service Organization Information Page							
As of 11-4-2022							
Organization Name	Base of Operations Serving Lewis County	Contact Information You Would Give Members of the Public	Category of Services (Behavioral Health, Health, Peer Counseling, Housing, Law Enforcement, Education, etc.)	Brief description of services you might provide to persons in the shelter, its staff, or the community surrounding the shelter	Optional: Brief description of other services your organization provides		
Lewis County (Housing & Infrastructure Specialist)	Room 121, 351 NW North St, Chehalis	360-740-1235 eric.eisenberg@lewiscountywa.gov	Government	Coordination and technical assistance to increase, promote, find funding for, or maintain housing and infrastructure supportive of the shelter	Housing and infrastructure promotion countywide, at all income levels		
Centralia College: Workforce Funding	600 Centralia College Blvd. Transitional Services Building, Room 101 (across the hall from WorkSource Lewis County)	Jackie Garrett, Workforce Funding Navigator jackie.garrett@centralia.edu (360) 623-8177	Education	Grant funding for low-income students pursuing career- based education. The grants may provide books, tuition, tools (welding, diesel, medical, etc.), uniforms (work boots, scrubs, welding helmets, etc.), and educational supplies.	Education and student-support services.		
Providence Chehalis Family Medicine	Providence Chehalis Family Medicine 931 S. Market Blvd Chehalis WA, 98532	Providence Chehalis Family Medicine 360-767-6300	Healthcare Services	-Medication Assisted Therapy (Suboxone/Vivitrol) for opioid use disorder -Hepatitis C treatment -Primary Care (preventive care, chronic medical conditions, medication for mental health issues)	We are a residency clinic. There might be opportunity in the future to have residents spend time at the Shelter to provide services on site.		
Hope Alliance - The state accredited Domestic Violence and Sexual Assault Advocacy Center in Lewis County		815 W. Main St. Centralia WA 985631 1(360) 748-6601 www.hopealliancelc.org	Victim Services	Legal, medical, systems and advocacy-based counseling.	Hope Alliance provides legal, medical, systems and advocacy- based counseling for victims of domestic violence and sexual assault victims. Support Groups, prevention, outreach and confidential shelter. Advocacy services are trauma-informed and survivor-driven. Spanish speaking advocates on staff.		
Family Education & Support Services - Our mission: To inspire healthy child development through the provision of quality family support services.	FESS Lewis County: 1911 Cooks Hill Rd, Centralia WA 98531 1-360-754-7629	1911 Cooks Hill Rd, Bldg #B Centralia, WA 98531 In the Northwest Pediatrics office. Our services are offered in Mason, Lewis, Pierce, and Thurston Counties. Phone: 360-754-7629 Toll Free: 1-877-813-2828 Fax: 360 339-5505 Habla Español: 360-688-4120	Behavioral Health and Education	How We Support Families Raising healthy, happy kids is a tough job, and all parents face challenges along the way. Family Education & Support Services works with families across Washington State's South Puget Sound Region to give them the support answers, and resources they need to build the bright future they see for their families and their children. From parenting classes and support groups to case management and navigation, take a look at the programs below to see if there is something that is right for you.	All FESS Programs Basic Needs Navigation Consider The Children Fatherhood Guiding Good Choices Impact of Domestic Violence on Children (IDV) Kinship Parent for Parent (P4P) Parent-Child Assistance Program (PCAP) Parenting & Description (PCAP) Parenting Inside Out (PIO) QPR Suicide Prevention Training		
DSHS - Community Service Office - We transform lives by connecting children, adults, and families to the resources and opportunities that help them reach their full potential.	DSHS Chehalis Field Office	DSHS - CSO 151 NE Hampe Way Ste. C3-6 Chehalis, WA 98532 1-877-501-2233	Government		DSHS - CSO provides: SNAP/Food Benefits; BFET (Basic Food & Damp; Employment Training); TANF cash (Temporary Assistance for Need Families); WorkFirst program; ABD/HEN (Adult Cash for Aged, Blind, and Disabled / Housing & Essential Needs) referral		
Housing Resource Center of Lewis County	Family and Single Shelter; Rapid Rehousing	621 S. Diamond Street Centralia, WA 98531 (360) 736-5140	Housing Assistance and Shelter services	Shelter , Rapid Rehousing Assistance and services			

Gather Church	408 West Main Street, Centralia	info@gatherchurch.com	Behavioral Health, MAT Clinic, Education, Harm Reduction, Housing, Case Management, Employment Services, Food, Clothing, Church	Food boxes and meals Clothing Housing and employment assistance (FCS) Medication assisted treatment SUD assessments Recovery supports Case management	
Oxford House - Self-Run, Self Supporting Clean and Sober Recovery Homes - www.oxfordvacanies.com	Annie Headley (Cleveland) Outreach Worker SW Washington 360-839-9124	Annie Headley (Cleveland) Outreach Worker SW Washington 360-839-9124	Housing		
The Salvation Army - Centralia	303 N. Gold St. Centralia, WA 98531	(360) 736-4339 lcassist@usw.salvationarmy.org centralia.salvationarmy.org	Food, Clothing, Hygiene Services, Rent & Dility Assistance, Hot Food, Shelter, Church, Fresh Produce, Seasonal Toy Assistance	Rapid Rehousing, Housing Navigation, Food Support, Hygiene Services, Employment readiness, Case Management, Hot Food	
Reliable Enterprises	203 W Reynolds Rd Centralia WA 98531	reliableenterprises.org 360-736-9558	Housing	Housing, family reunification, family visitation.	
Valley View Health Center	Chehalis Clinic	2690 NE Kresky Avenue Chehalis, WA 98532 Office Hours: Monday -Friday 7:30 am – 6 pm Closed Holidays and Weekends Phone: (360) 330-9595 Pharmacy: (360) 669-0600 Medical Fax: (360) 330-9530 Dental Fax: (360) 330-9580	Medical, Dental, Behavioral Health, and Pharmacy	Our Chehalis clinic on Kresky is less than a mile away. It will serve as a referral destination for the medical, dental, behavioral health, and pharmacy needs. On-site services could be considered.	Valley View Health Center is a non-profit, federally qualified health center committed to providing quality integrated medical, dental, behavioral health, and pharmacy services to families and individuals of all ages, regardless of the ability to pay. We currently have 13 locations, serving patients in three counties. Valley View Health Center has provided over 655,700 patient visits since 2004. We are continually expanding our services to include more clinic locations, new services in specialties for behavioral health, pediatrics, and pharmacy.
Centralia College: Student Success	600 Centralia College Blvd. Transitional Services Building Blazer Central Room 333 360-623-8119	Erin Baker- Assistant Director of Student Success and Retention blazercentral@centralia.edu 360-623-8119	Education	Centralia College is committed to student success, academic excellence, and supporting our community in an inclusive and equitable learning environment.	Student Success and Student Support
Cowlitz Indian Tribe: Housing Services	Cowlitz Indian Tribal Housing St. Mary's 107 Spencer Road, Toledo, WA 98591	Jenée Redecker - Housing Director Phone: 360.583.3111 Mobile: 360.827.2170 https://www.cowlitz.org/contacts/ho using/jenee-burnett.html St. Mary's Contact: Phone: (360) 864-8720 Fax: (360) 864-8722 Email: housing@cowlitz.org	Housing	Rental and mortgage assistance programs through Washington state and all over the country for Cowlitz Tribal Members, as well as low-income tribal housing in Lewis County.	Many other services for tribal members across the state and country

Night-by-Night Shelter Jam Session, Nov. 1, 2022 Invite and Attendee List

Service Category	Service Provider	Attended?
	Cascade Mental Health	✓
	Core Health	
	Community Integrated Health Services	✓
Behavioral Health Providers	Eugenia Center	
	American Behavioral Health Systems	
	Child Study & Treatment Center	
	Olympic Health and Recovery Services (DCR)	
	Gather	✓.
	Housing Resource Center	√
	Reliable Enterprises	√
	Love, Inc. of Chehalis	_
	LC Gospel Mission	√
Housing and Housing Service Providers	The Salvation Army	√
	HOSWWA	✓
	Homes First	
	Hope Alliance	✓
	Oxford House	✓
	СНОВ	✓
	Equity Institute	
	Molina	
Physical Health Providers	Valley View	✓
i nysicai ricaicii i roviacis	Providence	✓
	Providence - Chehalis Rural Residency program	✓
Childcare and Social Services	DSHS Local Community Services Office	✓
ermadare and social services	DSHS Local Home and Community Services Office	
Peer Support or Outreach Supplies	Friends Without Homes	✓
	Twin Transit (bus, DART, LIFTT Paratransit, Vans)	
	Rural Transit (South Thurston County / Centralia)	
	Lewis Mountain Highway Transit (East County)	
Transit	Paratransit Services (Region 6B) (HCA Medicaid broker)	
	Disabled American Veterans Van (VA Med transport)	
	Cowlitz Tribal Transport (I-5 corridor)	
	Catholic Community Services (through LMTAAA)	
	CWCOG	
Veterans	VA Puget Sound Community Homeless Outreach Services	✓
	Pacific County Veterans Service Officer	√
	Rural Youth Alliance	
Youth & Family Services / Education	Chehalis School District	_
	Family Education & Support Services	√

Service Category	Service Provider	Attended?
	Worksource	
Manliforna Q Advit Education	Pac Mtn Workforce Development	
Workforce & Adult Education	Centralia College (Supporting Students Experiencing	,
	Homelessness Grant, Student Success and Retention)	√
	The city of Chehalis (city mgr, planning)	
	Chehalis PD	✓
	LCSO	✓
Community O. Love Enforcement	County Administration	✓
Government & Law Enforcement	County PH&SS	✓
	Mental Health Court Program (LC Superior Court)	✓
	Cascade Liaison in the Jail	✓
	Local CCO office	
	DOC Regional Housing Specialist	✓
Institutional Release	Lewis County Juvenile	
	DCYF for JRA	
Fire & EMS	Chehalis Fire Department	
FITE & EIVIS	AMR	
Pontal Opportunities	TJ Geyer	
Rental Opportunities	Pete Bezy	
Tribal Support Sorvices	Cowlitz Tribe (Housing and many other services)	
Tribal Support Services	Chehalis Tribe (Housing and many other services)	
Disaster Relief	Red Cross	<u> </u>



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Night-by-Night Shelter Jam Session

"How should a night-by-night shelter work to best dovetail with your services?"

Interim

- * 24/7 or NBN? This dictates whether there is an "interim." * Proposed NBN schedule:
- ** 8AM-11AM: appointments with providers
- *** Sign up the night before
- *** Office space separate from sleeping area.
- ** 11AM-3PM: closed for cleaning and sanitizing ** 3PM-6PM afternoon services in office space
- ** 6PM-8AM sleeping space open, office space closed.
- *** Meals, eat and sleeping.
- *** Laundry / showers anytime except sleeping time
- Issues to be addressed
- ** Separated space for men, women, and families.
- ** Combining these groups is chaotic otherwise.
- ** Safety is an issue in a low barrier space
- * Flyer with other services for time closed



Outflow

- * Where do they go? Need step-up facilities!
- * Look into examples from other rural NBN shelters?
- * For practical process of outflow, bring in a systems person to design this technically
- * Loitering how to reduce it need places to go.
- * Bus passes to facilitate getting somewhere

Cleanup / Pack up

- * Incentives to help have clients support cleanup
- ** gift cards or vouchers for other outside resources * What happens if people don't want to wake up or go?
- ** Trained staff for de-escalation, MH experience
- * Property going missing must have plan for this ** See storage discussion.
- ** People always want to get into their property, need
- system for access, but then security is an issue.
- * Supervision of pack up ** Checklist of things for people going
- ** Set standards for the facility and follow them

Discussion Started Here

Setup for Opening

** Smoking area.

* 24/7 or NBN? This dictates setup.

** Process for intake / storage.

AM Programming

* 8AM-10AM

* Begins after wake up, showers, and food

* New and additional referrals that morning

** Have consultation rooms

** mental health treatment

** supportive employment

** SUD treatment

** food

** clothing

** Veterans' services

** diversion services

** crisis intervention

** Coordinated Entry

** medical treatment

** DSHS and social services

* Transportation is a key need for everything.

** Or can shelter have its own bus or shuttle?

** Cost of transportation to clients. Free passes?

** Only one bus an hour. Need more.

** Will Twin Transit increase this?

** dental treatment

** mail services

** supportive housing services

* Referrals from programming the night before

** Staff conference re: client needs from intake

** Use intake form from night before to right-size the services

** Go through paperwork with clients, do not simply ask them to fill it out

* Outreach coordination: work with people to link them to their next destination

* Shelter programming and handoff will have to coordinate with several agencies

* Place to hang out before you can come in.

* Reminder of rules / protocols before entry.

** Schedule of each service provider

** Sign-ups for laundry and showers

** Appointment sign-ups with service providers.

Transportation - bus line running at opening?

Opening & Intake

- * Initial question are you staying for the night or just
- eating/accessing services?
- * Separate different populations directly at intake?
- * Test out intake. Go through this process.
- * Put data into HMIS for Coordinated Entry
- ** How does it work practically, because it takes time?
- * Release of Information signed

* Have a client-needs conversation/assessment.

- * There should be a sign-in sheet for numbers and safety
- ** MH, Veterans, Housing, or medical needs.
- ** Should have an intake form. But what about multiple languages, dysgaphia, trouble reading, fear of providing
- information, etc.?
- * Establish mail service.
- ** But, is NBN the place to receive mail? ** There is general delivery, but it has limitations.
 - ** Gather and LC Gospel Mission offer some mail services
 - for clients. * How does this process flow? Concern about length of time
 - and institutional complexity of this. Some people coming only for a place to sleep.

Parking Lot

* Overarching goal: end homelessness, not just provide services

* Parking will be an issue. People stay in vehicles, long term parking.

* Expectations for conduct in shelter, and what happens if you don't meet them

* Demand increasing especially in light of new county policy regarding encampments

Wake Up & AM Meals / Provisions

* Hygiene services at wake up

* Consider 24/7 hours as opposed to NBN.

** Open during the day for services

** This leads to staffing issues, though!

** Ready-made morning meals (MREs) could help

** Showers, socks, toothpaste, toothbrush, hygiene kit

** Internal changes (showers, e.g.) plus sewer outflow

** 6:30AM up, to get ready for school or services at 8AM

** Consider portable facilities instead of a remodel?

** Provisions depend on whether it is a 24/7 or NBN model because of lack of any interim closed period

** Building modifications to allow many people to shower and use the bathrooms will be a significant cost.

** Some work during the night and need to sleep during the day. 24/7 could accommodate them, NBN can't.

** Some people may need to rest during the middle of the day for health reasons. 24/7 can accommodate , NBN can't.

** Could close at a certain point of night to newcomers; once you are in, you are in for the night.

* Vehicle storage at intake / Waiting before and after

** Need a "first step out" facility. Pallet housing project?

* Populations - how low barrier? Any disallowed populations?

* Step-up facilities -- what onsite, what offsite?

* Security inside and outside facility

Storage

- * Have a locker system. Visibly safe storage for clients.
- * Use keys, not codes, because of memory concerns
- * Use a sign-in sheet to receive key at intake
- stolen items. This always, always, always comes up.
- * Have a system for handling complaints about lost or

- * Label each locker with assigned key and vice versa

- * Sign waiver 30 days to claim your belongings

- * Need an intake process to determine client needs a coordinator should try
- * Model: Classes/workshops in concurrent sessions
- ** Consider interchangeable AM/PM programming
- * Types of programming:
- ** Case management (coordinator, needs assessment) ** Job skills training - resumes, interviews
- ** Help finding supportive employment
- ** Housing services / planning / coaching
- ** Behavioral health / SUD services ** Peer support
- ** Education:
- *** High school/GED curriculum
- *** College/career advising / pathmaking
- *** Continuing education *** Study space/tutoring for enrolled kids
- *** Kids after school programming ** Neurodiversity navigation / personal management
- ** Life skills classes
- ** Medical & income benefits
- ** Medical services
- * Programming should always address how to follow up with any of the services being offered
- * Where should these things be? What on site, what off site?

PM Programming

- * Time frame: Noon-8PM?
- * Don't underutilize the building. It is a good location; put services there.
- to match programming to needs. ** Needs assessment during programming, if not at intake
- where people otherwise don't stay ** Could there be an alternative for people just wanting the meal? One idea: a

* Partnerships: food provider need not run the shelter

kitchen area to provide own meal.

* Conventional model: one meal on the way out to prevent an eating-only stop

- ** Is it a problem if they eat but don't stay? Yes, if they take a spot of someone
- who needs to stay ** Shelter vs. soup kitchen model

* Need a commercial kitchen on site, or food brought in from a commercial kitchen.

- * Alternative model is to "pay" for food by working at site
- * Neither model fits a night-by-night

PM Meals / Provisions

- * Will want to provide more meals. Don't want hungry, angry people.
- * Hard to care about programming when hungry

Other Necessities

- * Remember mission: to end homelessness
- ** Consider hiring some licensed clinical staff to increase
- internship opportunities at shelter
- * Provide things food stamps don't pay for:
- ** Toiletries
- ** Hygiene supplies
- ** Socks ** Other basic necessities
- * Mail Services (see discussion in Intake about mail service)
- * Laundry * Showers
- * Brief medical triage or basic care
- * A resource specialist (addressed in Intake and Programming)

Sleeping / Overnight

- * Population separation single adults by gender, and families * Need ADA accommodations and info about that
- ** Hearing accommodations are needed and should be addressed in the
- shelter design or staffing
- * Nighttime staffing ** Security - law enforcement or hired?
- ** Medical staff what level of credential?
- Cleaning and laundry implications
- ** Must clean every cot used every day
- ** Bedding on the cot also must be cleaned every day
- ** The cleaning may not be needed daily if you pre-assign reserved beds from
- one night to the next but it is a NBN ** You need a commercial laundry on-site or as a partner
- ** If you have only a residential washer/dryer, you will have occupancy
- limitations based on laundry capacity
- * Sleeping hours: 10PM-6AM? ** How strictly can the sleeping hours be kept?
- *** Meal prep for AM meal will have to occur overnight.
- *** Jail release can be at any time, even 1AM. ** Consider what else you do on the cot.
- *** Do you eat on the cot? Do programming?
- * Showers overnight ** Bath materials and towels provided?
- ** How often can one shower?
- ** Will showers be required?
- ** Site design: how many showers will there be?

- * Durability needs
- ** Design the cots to be very heavily used.
- ** Sanitation facilities as well -- constant moisture.