

Mental Illness Awareness Week

October 3-9, 2010

Did you know?

- ❖ Suicide is the 2nd leading cause of death for Washington teens ages 15-19.
- ❖ In 2008, 32% of Lewis County High School Seniors reported feeling depressed.
- ❖ National studies project a county with the population of Lewis County would have about 18,685 residents with mental disorders, 4,396 having severe mental illness.

Special Event

Meet our community Mental Health Ombuds: Theresa Mahar

Date: October 7th

Time: 2 sessions: 10-noon & 6-8 pm

Place: 156 NW Chehalis Ave. in Chehalis, by Lewis County Public Health



National Alliance on Mental Illness, Lewis Chapter

Learn more:

Attend a NAMI Meeting

Call Judy at 360-785-9668 for more information.

Attend a Mental Health Coalition Meeting

Meetings occur on the first Thursday of the month, from 12-1:30 pm, at 156 NW Chehalis Ave, Chehalis, next to Public Health. Contact Carolyn Price, 360-740-1430 for more information.



Always Working For a Safer and Healthier Community

Lewis County Public Health & Social Services