



LEWIS COUNTY EMERGENCY MANAGEMENT

June 2009

Disaster Kits

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More information:

- Additional preparedness tips can be found at:
www.lewiscountywa.gov
- FEMA website:
www.ready.gov

Making a Grab and Go Bag

As a continuing effort to promote preparedness, Lewis County Emergency Management will be providing Monthly Safety Messages that will focus on all-hazard, can-do preparedness for individuals and neighborhoods.

A disaster, by definition, is any event that overwhelms a person or agency's ability to respond. Disasters typically happen with little or no warning, and can leave us cut off from outside support for 3-7 days, or longer in wide-spread events. An emergency is a sudden, usually unexpected event that does or could do harm to people, resources,

property, or the environment. While there are no guarantees, individuals who are prepared typically experience a reduction in loss, injury, damage, and trauma. Neighborhoods that are prepared and ready to complete initial response activity also help minimize the tasks of the emergency responders.

The key to successful preparedness is to take one hour a month to complete one preparedness task. Begin or continue your family preparedness by completing the following preparedness assignment



Make a Grab and Go Bag

This "Grab and Go Bag" is best as a light backpack that can be carried easily. It is to be used in an emergency when you must evacuate immediately, and may be carried in your car or left readily at hand at all times. It supplements your "Bucket (Shelter-in place) Kit (Tag the bag in case you get separated from it or are injured):

Some items for consideration include:

- Personal medications (several days supply)
- Pocket Knife
- Cash/money
- Rain poncho or large garbage bag
- Pen and paper
- Socks
- Flashlight, extra batteries
- Emergency blanket
- Pocket radio
- Rope
- Personal First Aid Kit with medical gloves and face mask
- Tissues or toilet paper
- Large plastic bags
- Map of region
- White hand towel, small, clean
- Matches or lighter
- Insect repellent
- Extra set of keys, out-of-state contact people (addresses/phone)
- Duct Tape (can be wrapped on a popsicle stick)
- Pair of work gloves
- Drinking water, plastic bottle
- Assorted zip-lock bags
- Jacket, sweater, and hat (preferably a rain jacket)
- Food for 24 hours
- Toiletries (soap, toothbrush) in zip-lock bag
- Metal cup/can for cooking and drinking
- Small bottle chlorine bleach in a zip-lock bag

Mission Statement:

Lewis County Emergency Management shall seek to minimize the impacts of disasters and emergencies on the people, property, and environment of Lewis County through strong partnerships that promote mitigation, preparedness, response and recovery efforts.